

LFP Merchandise for Christmas 2011

Christmas is coming and there is no better time to get something useful for your loved ones. Something he/she needs for his/her training. The following items may be of interest to you:

**LFP Sports Bag -----	\$35.00
**LFP Handbook (a handy tool for your training)--- -----	\$20.00
**Sparring Hand Mitts -----	\$15.00 (pair)(Compulsory)
**Shin / Instep Protectors -----	\$26.00 (pair)(Compulsory)
**Groin Guard -----	\$17.00 each. (Compulsory at Tournament)
**Mouth Guard -----	\$7.00 (Compulsory)
LFP Key Ring -----	\$11.00
**LFP Training Muscle Shirt -----	\$18.00
LFP 30 th Anniversary Polo Shirt -----	\$20.00
LFP 30 th Anniversary Stubby Holder -----	\$10.00 each
LFP Hat -----	\$15.00
LFP Track Suit (set) -----	\$60.00 (quality material)
Kali Sticks (Quality Rattan)-----	\$25.00 (pair)
Kali Sticks (Foam Padded) -----	\$30.00 (pair)
**Foam Nunchaku -----	\$35.00 (pair)
**BO (Quality Rattan) -----	\$30.00 each
**Rubber Training Knife -----	\$9.50 each
LFP Car Sticker (Small)-----	\$2.00
(Large) -----	\$4.00
LFP Fridge Magnet -----	\$1.00
Kickboing Gloves (12oz or 16oz) -----	\$65.00
Kickboxing Leather Bag Mitts -----	\$39.00
Kickboxing Thai Shorts -----	\$35.00

Call me if you need items NOT listed above. Prices will be competitive against martial arts shops. Delivery before Christmas guaranteed
Kanchu Terry Lim (0418.809808)

Reminder:

Knife Defence Seminar on 11/12/2011 (Sunday) at Lysterfield Primary School.

@ 10.00am to 1.30pm. Open to all ages.

Details: Check www.lfp.com.au or 0418.809808.

Booking is definitely essential.